

AI and Worklife

Apulaisprofessori, Natalia Vuori

Tuotantotalouden laitos
Aalto Yliopisto

Työelämä- ja tasa-arvovaliokunta
keskiviikko 03.12.2025 klo 11.30 /
VNS 7/2025 vp / Asiantuntijapyyntö



Agenda

- 1. AI and the Future of Worklife**
- 2. Factors Limiting AI Adoption in Finland**
- 3. Core Skills for Future Worklife**
- 4. Key Takeaways**

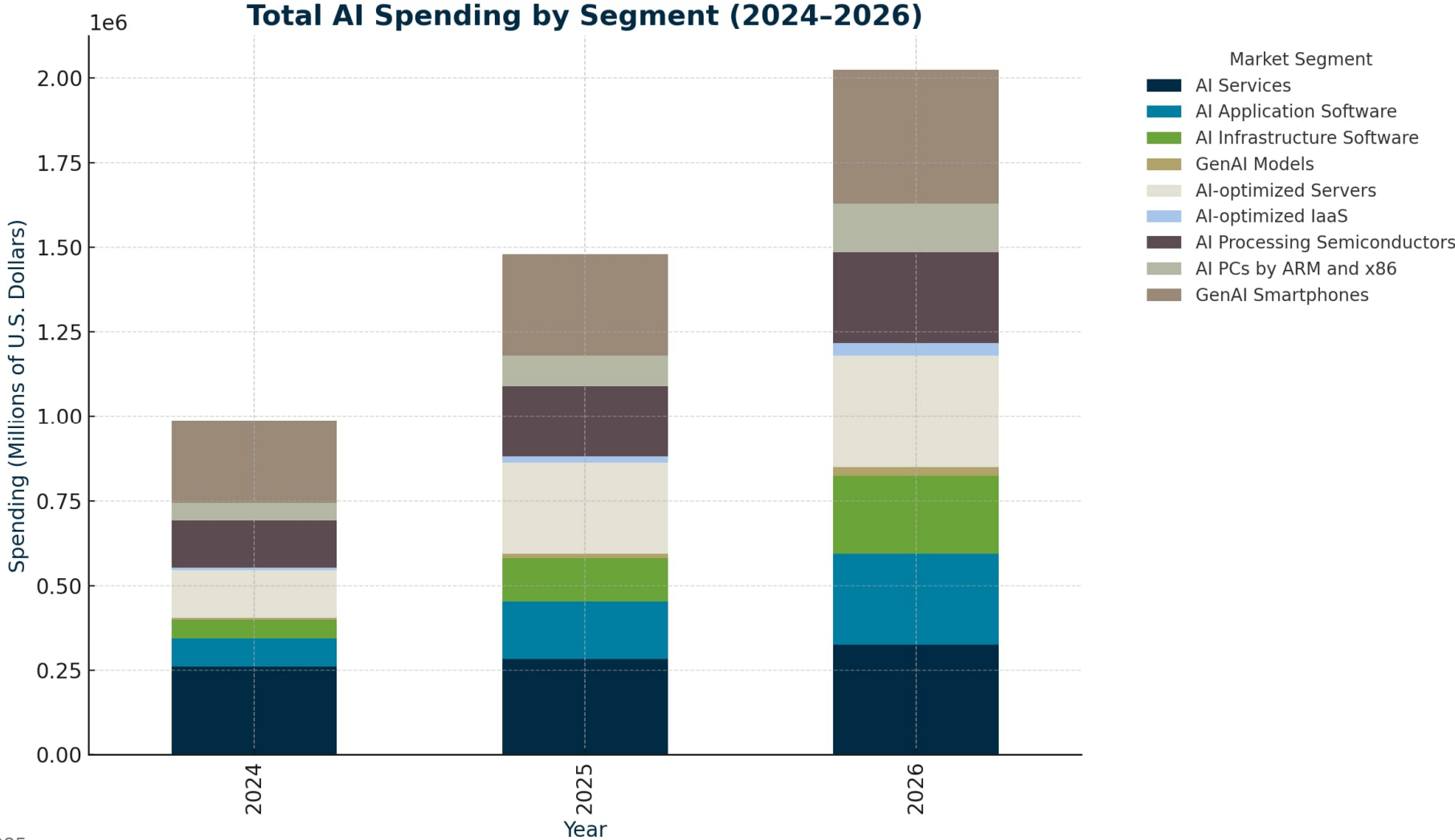
AI and the Future of Worklife

AI functions as a **general-purpose technology** (electricity or the internet) because it

- 1) applies across many sectors
- 2) enables widespread innovation,
- 3) transforms products, processes, and organizations (Aghion & Howitt, 1992).



Global AI investments are skyrocketing



Gartner, 2025
BCG, The Widening AI Value Gap, 2025

(1) Junior jobs are disappearing

What is happening?

- AI performs tasks that used to be assigned to juniors:
 - drafting reports,
 - summarising data,
 - writing b
 - preparin
 - doing ba
- **Seniors + “super-w**

What is the outcome?

- Entry-level roles (22-25 year-old) for accounting, software development, and admin fell by 13% (*Stanford, 2025*)

Is it the beginning of a **lost generation?**

les are

ss Europe
longer
ams”

2) Old business models do not work anymore

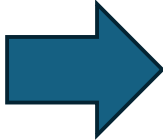
- Law firms
- Strategy consulting
- Digital consulting
- Education
- Selling cheaper
- Not increasing middle managers' salaries
- Not promoting to partners
- Need to restructure programs and the way of learning

(3) Robots transform care and cleaning

- In care work, robots **transform the nature of tasks**: assist with mobility, monitoring, and heavy lifting, but add **greater intellectual and emotional weight**.
- In cleaning, routine cleaning **tasks will decline**.



(4) A new class of high-skill jobs emerges

- AI creates new roles:
 - AI risk managers
 - Data governance specialists
 - Human–AI collaboration coordinators
 - AI trainers and organisational change leaders
 - Cyber security
 - Does Finland produce enough of such experts?
 - Is our education system aligned with the demands of the AI age?
- 
- “Do not use GenAI because it uses too much electricity and water,”* a teacher at Tapiola’s school
- “AI kills creative thinking, do not use it!”* a teacher at Tapiola’s school

(5) Startups are disappearing

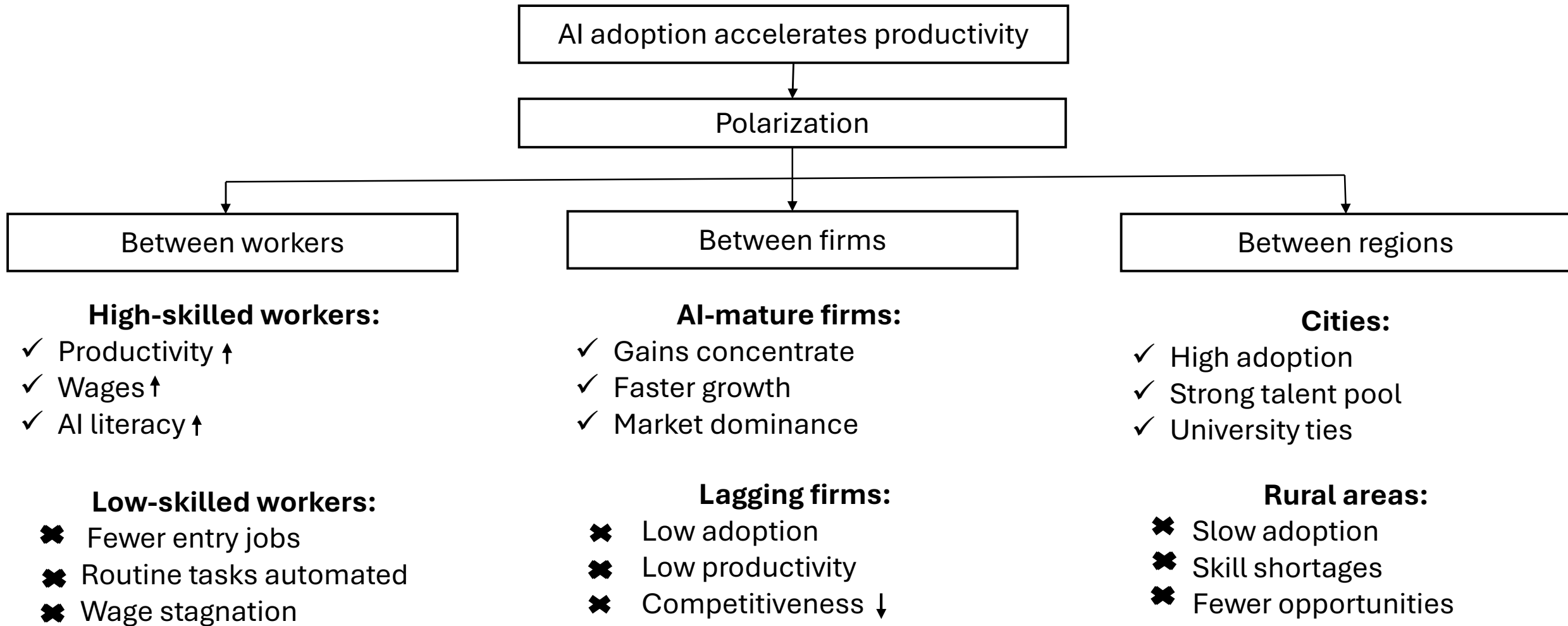
- In Finland
 - limited data
 - weak integration into enterprise systems
 - pilots and proofs-of-concept with public organizations or large corporations
- AI rewards:
 - data scale
 - deep integration into existing workflows
 - security, compliance, and trust

Outcome: Customers preferred large platforms (Microsoft, Google, SAP) that are faster and more trustworthy

- In Finland:
- leaders take accountability seriously
 - public sector and regulated industries are cautious
 - “doing it right” matters more than “moving fast”
- With AI:
 - uncertainty around GDPR, EU AI Act, and data use
 - fear of unintended consequences
 - lack of internal AI governance

Outcome: Decisions slowed — and startups depending on fast adoption suffered.
















Riski Suomelle: kasvava polarisaatio



Inequality increases * Missing career ladders* Talent shortages later*
Productivity gap widens* Regional imbalance grows

Syyt tekoälyn vähäiseen käyttöönottoon Suomessa

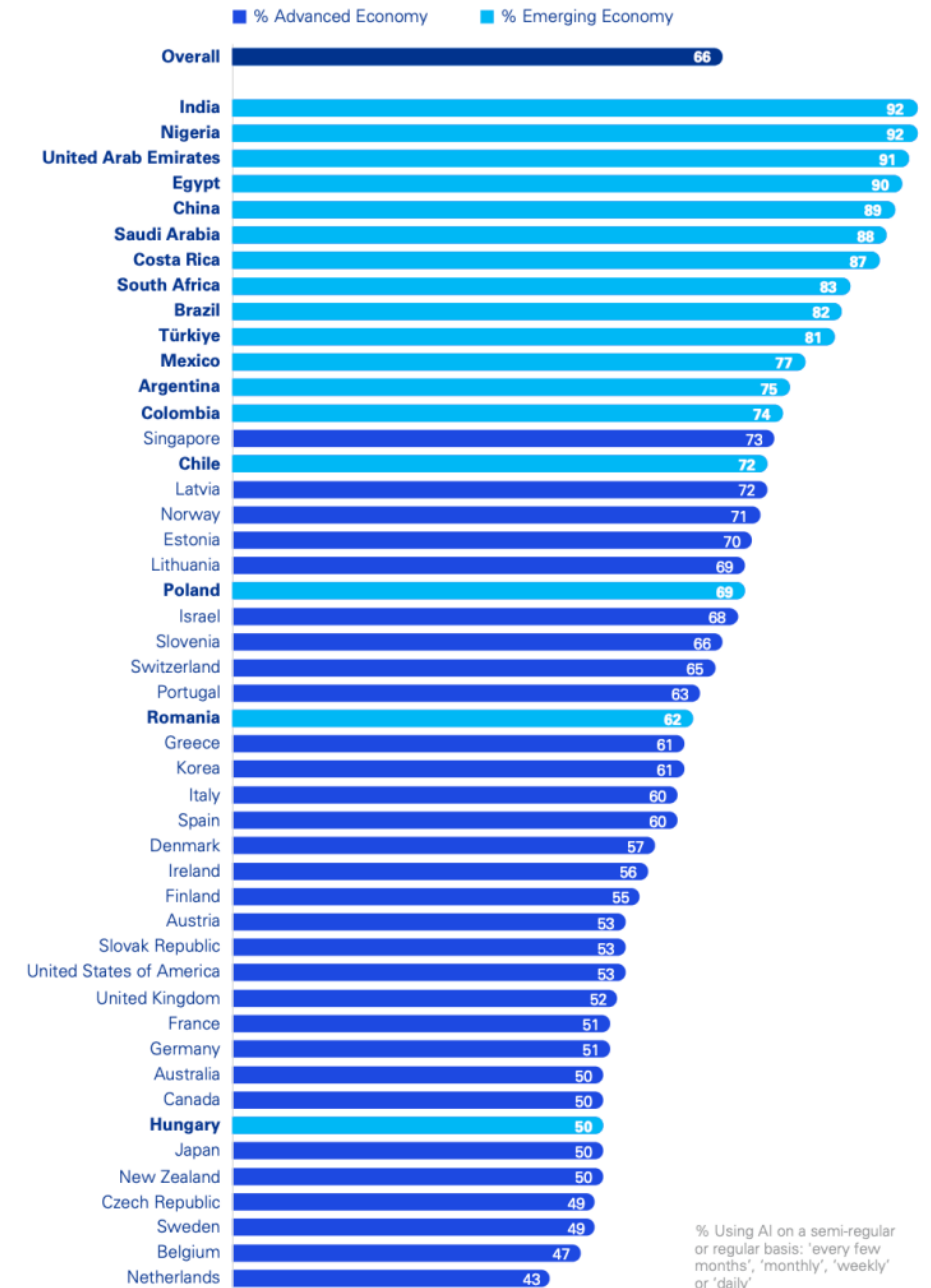
Finland has a strong potential to thrive with AI

	Overall	Talent	Infrastructure	Operating Environment	Research	Development	Government Strategy	Commercial	Scale	Intensity
 United States	1	1	1	2	1	1	2	1	1	3
 China	2	9	2	21	2	2	5	2	2	21
 Singapore	3	6	3	48	3	5	10	4	11	1
 United Kingdom	4	4	17	4	4	16	7	5	3	9
 France	5	10	14	19	6	4	9	8	6	10
 South Korea	6	13	6	35	13	3	4	12	7	11
 Germany	7	3	13	8	8	11	8	9	5	15
 Canada	8	8	18	16	9	10	3	6	8	8
 Israel	9	7	26	65	7	6	32	3	14	2
 India	10	2	68	3	14	13	11	13	4	36
 Japan	11	23	5	53	20	14	12	14	9	31
 Switzerland	12	5	11	58	5	19	64	20	29	4
 The Netherlands	13	11	7	29	15	17	19	23	13	12
 Saudi Arabia	14	60	29	41	42	26	1	7	10	24
 Finland	15	14	12	9	18	12	25	15	18	6

The level of AI adoption is low

- **Everyday use of AI among Finnish workers is minimal.** Only about **10–18%** of employees use AI regularly in their work
- **Most organisations remain stuck in pilots.** Over half of Finnish companies report having “experimented” with AI, but only **around 19–25%** use AI consistently in their core processes.
- **Among SMEs,** a recent survey shows that roughly **60%** companies do not use AI at all

Figure 2: Regular use of AI systems across countries



% Using AI on a semi-regular or regular basis: 'every few months', 'monthly', 'weekly' or 'daily'

Reason 1: Low AI maturity

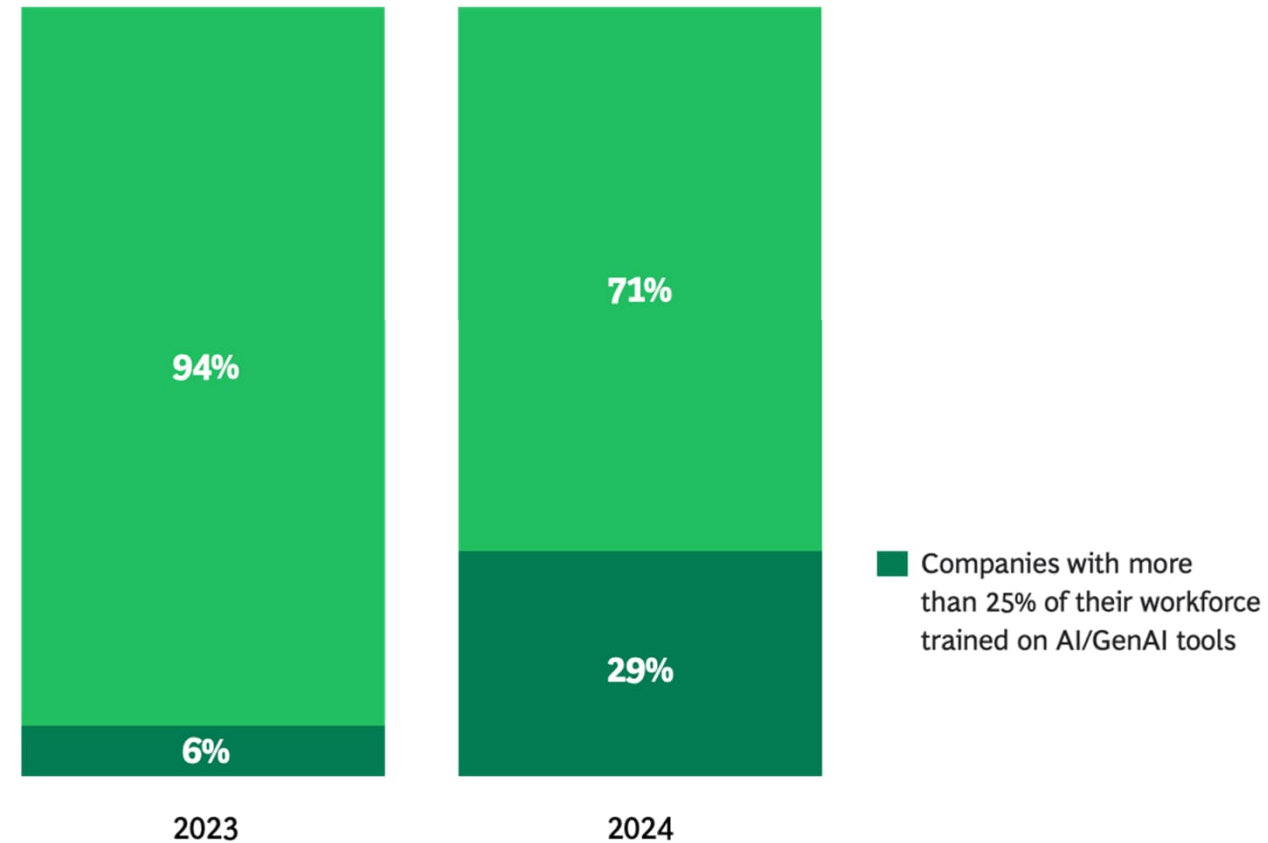
It's not about having a PhD in machine learning — it's defined by **how effectively employees use AI in their daily work** to create real value.



AI maturity is rising

But not fast enough to matter

~70% of the companies have trained less than 1 in 4 of their workforce



The number of AI training sessions doesn't count — the impact does

“I don't need endless AI workshops. I need the right ones — relevant, practical, and tailored to what I actually do.”

- Middle Manager in the interview

“I'd love to learn AI, but I'm too busy dealing with today's fires.”

- Senior Manager in the interview



Lack of understanding on how we use the freed time

“If you asked me how much I work, I’d say 360 hours a month. That’s right — **360. I now work for six different companies.** AI didn’t just make me faster; **it made it possible to multiply myself.**”

- Software developer in an interview



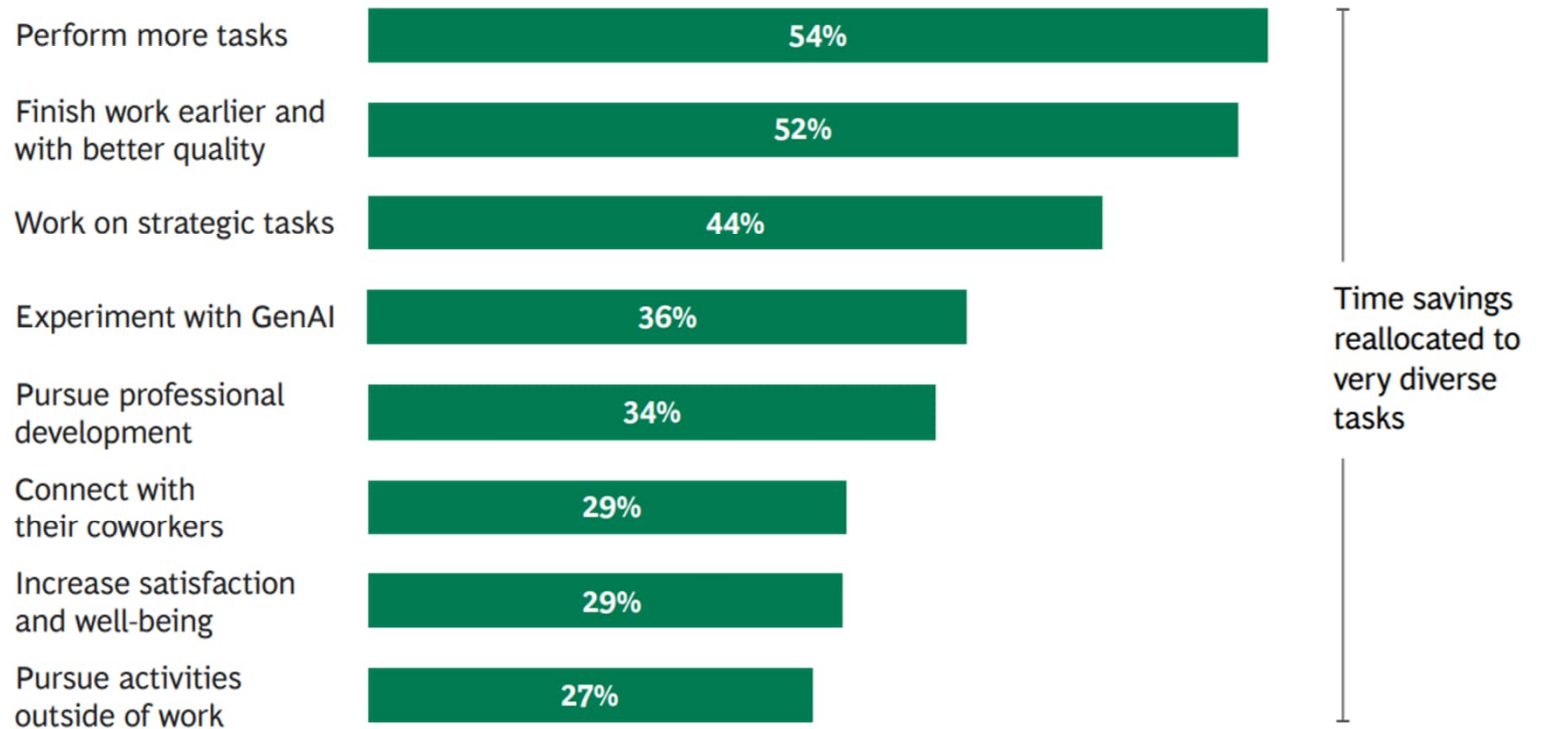
47%

of respondents say they save more than an hour a day with AI¹

Sources: AI at Work, 2025 (n=7,492 people using GenAI for work); BCG analysis.
¹Share of respondents who report saving at least six hours a week with AI.

Only one-third receives guidance on how to reallocate this time, muting the impact

Share of respondents who report doing these activities with the time saved by GenAI



Reason (2): Fear of breaking rules

- A legacy of building society through order, stability, and predictability
- Workplace culture: avoiding visibility, avoiding blame

“If you are not sure, it is safer to do nothing.” – Manager, (interview)



Reason (3): Resistance from the top

In most transformations, resistance starts at the bottom. **In AI, it often starts at the top.**



KPIs and limited time

Short-term focus: Most executives are bound by quarterly targets and shareholder returns.

No immediate ROI: AI investments often take longer to show results.

Perceived distraction: Leaders see AI as “important but not urgent.”



Collective bluffing

“Everyone’s pretending to lead in AI — waiting for someone else to succeed first.”

- *CEO in an interview*

Why:

- No one wants to look like they’re falling behind
- No clear success story yet — so they all wait for one

Outcome: the bluff becomes collective safety



Reason 4: Lack of AI leadership skills

Establishing **social conditions** that **enable people to utilize AI** and generate real value for the company.



AI triggers fears

Employee anxiety that AI will replace their job by function



Fear of Loss of Control



Fear of Increased Surveillance



Mistrust in AI Accuracy



Fear of "Brain Rot"

AI threatens professionals by

Leading to competence
discrimination



Leading to competence
equalization



The real differentiator is not technology, but **leadership that ensures AI maturity, full trust, and an AI-ready culture**



Keskeiset tulevaisuuden työelämätaidot

Keskeiset tulevaisuuden työelämätaidot

- High-level cognitive skills and problem-solving ability
- Digital competence, data literacy, and AI literacy
- Creativity and culture of experimentation
- Social and emotional intelligence skills ("people skills")
- Self-direction, learning ability, and readiness for continuous learning
- Ethical competence and responsible AI use
- Sector-specific expertise combined with technological understanding

Johtopäätökset.

We are all at a crossroads

One path leads to:

- Shrinking junior roles,
- Deep labour market polarisation
- Lost competitiveness
- An uncertain future for our young people

The other path leads to:

- Empowered workers
- World-leading public services
- A productive private sector
- A fair transition into the AI era

We need

1. **Shift the national mindset** from fearing rule-breaking to enabling safe and purposeful AI experimentation.
2. Develop **role-specific, targeted training programs** that directly support AI adoption in everyday work.
3. **Build AI-era leaders** who combine technological insight with emotional intelligence and empathy.
4. Make **deep, long-term investments in AI** capabilities and infrastructure.
5. Build an **education system** that equips every generation with technical, ethical, and critical AI skills.



Questions?
Comments?

Natalia Vuori | LinkedIn

